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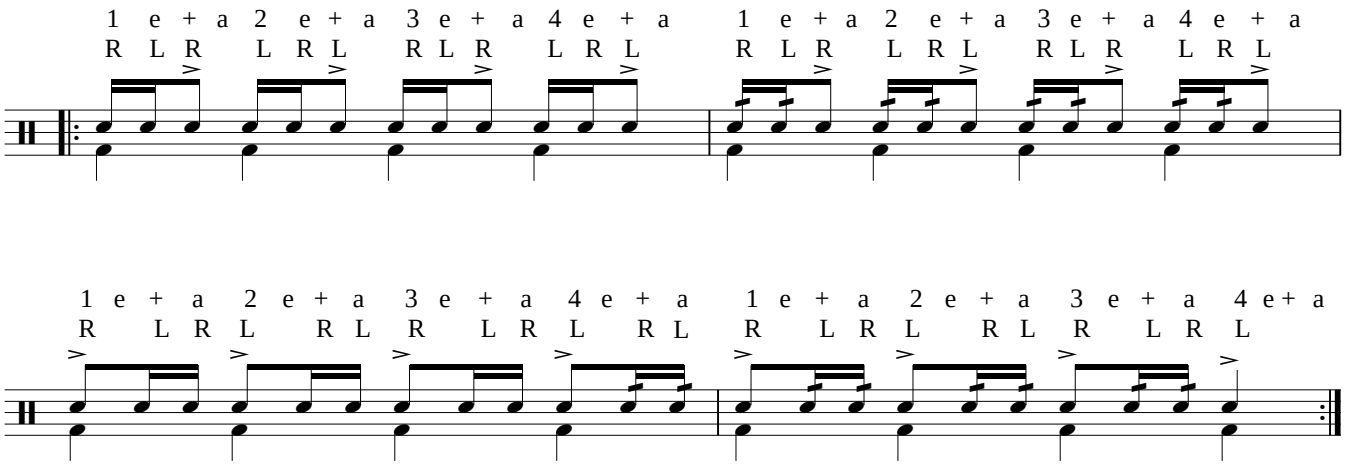
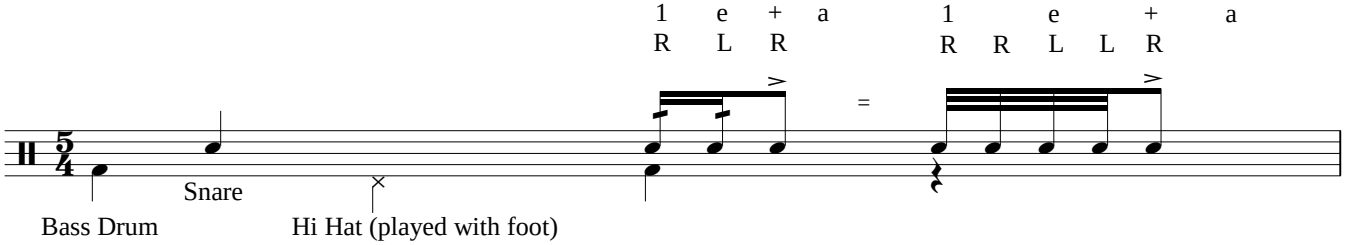
5 Stroke Roll Exercise

The 5 stroke roll is probably the most used rudiment besides single strokes. This exercise is, in my opinion, the best way to learn it. The idea is to use the 1st bar to set up the basic arm movements necessary to play the accents (the moeller technique works excellently) and to keep this movement when you start to double the unnaccented notes in the 2nd bar. The same applies to the 3rd & 4th bars.
Note that the doubles in the 2nd half of the exercise start on the 'and' of the beat 4.
Beware, some of the changes between bars are tricky!

See the key at the bottom of the page for an explanation of the tremolo mark - in drum notation.

As always, remember to start slow and relax! Enjoy *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