


Chops Builder: Rudiments

The 5 Stroke Roll

by Wayne Katz

The 5 stroke roll is one of the most commonly used rudiments. It's the shortest double stroke roll there is. Use it to spice up hihat patterns, fills or just to impress. It's the basis for all the *Roll* rudiments, so make sure you get it mastered.

Ex 1 is in my opinion, the best way to learn it. The idea is to use bar 1 to set up the basic arm movements (shoulders, elbows and wrists) to play the single strokes, before adding in the smaller movements (hands and fingers) to play the doubles. **Moëller technique is perfect for this.**

I've used the tremolo mark  to remind you to think of each dbl as a single and not to change the movement in the second bar. Here is an explanation of how the tremolo mark works

You may need to leave out the feet at first..

Ex 1

In 3/4

Ex 2

Triplet Feel

Ex 3